

12.03.2020

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Erthygl i'r Wasg Press Article

Bachgen dewr yn addo i 'fyth â rhoi'r gorau iddi' er gwaethaf brwydr canser

Mae hogyn ifanc dewr o Gaernarfon wedi rhannu sut na fydd 'byth yn rhoi'r gorau' iddi er gwaethaf brwydro yn erbyn canser y gwaed.

Cafodd Alfie, sy'n ddeg oed, ddiagnosis o lewcemia myeloid cronig yn 2015 a bydd ei stori'n cael ei rhannu fel rhan o gyfres S4C **Ysgol Ni: Maesincla** ddydd Mercher, 25 Mawrth.

"Oedd o'n bum mlwydd oed pan gawson ni'r diagnosis," rhannodd tad Alfie, James Ellis. "Nath o ddisgyn oddi ar ei feic, felly aethon ni i Ysbyty Maelor yn Wrecsam. Roedd 'i *spleen* o wedi chwyddo, felly gath o brawf gwaed achos fod o 'rioed 'di cael un o'r blaen. Pan ddaeth y canlyniadau nôl, natho nhw ddeall bo ganddo fo ganser y gwaed.

"Roedd o'n amser mor *confusing*. Doedde ni'm yn gwybod beth oedd yn mynd i ddigwydd nesa'. Roedd y doctoriaid yn dweud stwff, ond oedd o'n anodd ddeall bob dim. Roedd o mor *scary* a *confusing* ar yr un pryd. "

Derbyniodd Alfie, sy'n ddisgybl blwyddyn pump yn Ysgol Maesincla, drawsblaniad mêr esgyrn ym mis Mai 2017 ac roedd yn yr ysbyty am ddau fis.

"Nath y *transplant* safio ei fywyd o. O'n i'n meddwl bod o'n mynd i farw – doedd 'ne ddim ohono fo, dim ond esgyrn. Fel rhiant, oedd o'n ofnadwy gweld dy blentyn yn mynd trwy hynny. Ond o'n i methu dangos bo fi'n *upset*, oedd rhaid i fi gario mlaen er mwyn Alfie.

"Nes i gael damwain ddrwg yn 2015 nath adael fi efo 180 o *stitches* ac o'n i methu gweithio. Ond oedd rhaid fi anghofio am hynny - y peth pwysicaf oedd iechyd Alfie. Oedd hi'n job ffindio pres i fynd nôl a 'mlaen o'r ysbyty, ond roedd rhaid fi 'neud o weithio rwsut."

Yn anffodus, mi wynebodd James ac Alfie bwl arall o anlwc ar ôl i Alfie ddychwelyd o'r ysbyty yn 2017.

"Oedde ni'n *homeless* am saith wythnos rôl i Alfie ddod allan o'r 'sbyty yn 2017. Oedde ni'n lwcus iawn o gael tŷ yng Nghaernarfon drwy elusen. Doedd ganddo ni ddim byd pan natho ni gyrraedd, dim byd o gwbl, dim ond y dillad ar ein cefnau.

"De ni di cal croeso mor gynnes yng Nghaernarfon a de ni 'di penderfynu aros yma. Mae pawb wedi bod yn lot o help. Mae Alfie yn hoffi'r ysgol ac mae ganddo fo ffrindiau gwych yn Ysgol Maesincla."

Mae Alfie yn dal i ddioddef effeithiau'r trawsblaniad mêr esgyrn, ond mae'n parhau i fod yn gadarnhaol, yn ôl ei dad.

Ychwanegodd James: "Dydi Alfie 'rioed 'di cwyno, mae o'n fachgen mor hapus er bod o wedi bod trwy gymaint. Ei *motto* fo ydi 'never give up - losers give up'. Mae o mewn poen efo'i esgyrn ac mae o'n diodde' o gymhlethdodau eraill. Weithiau mae o angen morffin i ddelio efo'r boen, ond mae o dal isio mynd i'r ysgol er gwaetha' hynny."

"Eleni, gawni wybod pwy nath donatio'r *stem cells* ar gyfer *transplant* Alfie. Dwi isio diolch i'r person hwnnw am achub ei fywyd o," meddai James.



Ysgol Ni: Maesincla
Nos Fercher, 25 Mawrth 9.00 S4C
Isdeitlau Cymraeg a Saesneg ar gael
Ar alw: S4C Clic; BBC iPlayer a llwyfannau eraill
Cynhyrchiad Darlun ar gyfer S4C

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Brave boy vows to 'never give up' despite cancer battle

A brave young lad from Caernarfon has shared how he will 'never give up' despite battling blood cancer.

Ten-year-old Alfie was diagnosed with chronic myeloid leukaemia in 2015 and his story will be shared as part of the S4C series **Ysgol Ni: Maesincla** on Wednesday, 26 March.

"He was five years old when we got the diagnosis," shared Alfie's father, James Ellis. "He fell off his bike, so we went to Maelor Hospital in Wrexham. He had a swollen spleen, so he had a blood test as he'd never had one before. When the results came back, we found out that it was cancer of the blood.

"It was such a confusing time. We were going through all this commotion and didn't know what was going to happen next. The doctors were saying stuff, but it was hard to understand. It was so scary and confusing at the same time."

Alfie, who is a year five pupil at Ysgol Maesincla, received a bone marrow transplant in May 2017 and was in hospital for two months.

"The transplant saved his life. I thought he was going to die - there was nothing left of him, just bones. As a parent, it's just awful to see your child go through that. But I couldn't show that I was upset, I had to keep going for him.

"I was very badly injured in 2015 which left me with 180 stitches and unable to work. But I had to forget about my injuries, the most important thing to me was Alfie's health. It was hard trying to find money to go back and forth from the hospital, but I had to make it work."

Sadly, James and Alfie were faced with another stroke of bad luck after Alfie's return from hospital in 2017 when they found themselves homeless.

"We were homeless for seven weeks after Alfie was released from hospital in 2017. We were lucky to get a house in Caernarfon through a charity. We had nothing when we arrived, absolutely nothing, only the clothes on our backs.

"We had such a warm welcome in Caernarfon and decided to stay here. Everyone has been a massive help. Alfie likes the school and has great friends at Ysgol Maesincla."

Alfie still suffers from the effects of the bone marrow transplant, but continues to show his positive spirit, according to this father.

James added: "Alfie has never complained, he's a very happy boy even though he's gone through so much. He lives by his motto 'never give up - losers give up'. He still has pain in his bones and suffers from other complications. He often requires morphine because of the pain, but he's still eager to go to school in spite of everything."

"Later this year, we'll get to figure out who donated stem cells for Alfie's bone marrow transplant. I want to thank the donor for saving his life," said James.

Ysgol Ni: Maesincla



Wednesday, 25 March 9.00 S4C
English and Welsh subtitles available
On demand: S4C Clic; BBC iPlayer and other platforms
A Darlun production for S4C