



27 Ebrill 2023

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## Erthygl i'r Wasg Press Release

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### Cymryd cic at y gôl o ddysgu Cymraeg

Ar y cae pêl-droed mae Joe Ledley wedi arfer disgleirio yn ystod ei yrfa fel peldroediwr rhyngwladol. Mae wedi gwisgo crysau Dinas Caerdydd, Crystal Palace a Celtic - ac fe wisgodd grys coch Cymru 77 o weithiau, gan gyrraedd yr Ewros yn 2016.

Ond her newydd sy'n wynebu arwr y bêl gron y tro hwn - sef dysgu Cymraeg. Mae'n un o chwe wyneb adnabyddus fydd yn mynd ar daith i ddysgu'r iaith yn y rhifyn cyntaf o'r gyfres newydd **Iaith ar Daith** ar S4C nos Sul 7 Mai.

Ymhlith y rhai sy'n ymgymryd â'r her y tro hwn mae'r actores Jessica Hynes, cyn-brop Cymru a'r Llewod Adam Jones, y gantores a chyflwynydd Aleighcia Scott, y ddigrifwraig Jayde Adams, ac actor **Casualty**, Neet Mohan.

Mae gan bob un eu rhesymau dros ddysgu Cymraeg - yn achos Joe Ledley, roedd clywed yr iaith ymhlith ei gyd-chwaraewyr yng ngharfan Cymru - Aaron Ramsey, Joe Allen a Ben Davies - wedi rhoi'r awch iddo ddysgu, ynghyd â'r ffaith bod ei wraig, Ruby, hefyd yn siarad Cymraeg.

Caernarfon yw man cychwyn y daith lle mae Joe Ledley yn cwrdd â chyflwynydd **Sgorio** a Radio Cymru Dylan Ebenezer, a fydd yn ei helpu gydag ambell her ieithyddol - a mwy! - ar y daith.

Mae Dylan wedi cyfweld â'r cyn-beldroediwr sawl gwaith yn ystod ei yrfa ac yn llawn edmygedd: "Mae'n foi hyfryd - *ain't nobody like Joe Ledley!*".

Castell Caernarfon sydd ar frig y rhestr o lefydd fydd y ddau yn ymweld â nhw ond er mwyn gweld y castell yn ei holl ogoniant mae Joe a Dylan yn teithio i Faes Awyr Caernarfon yn Ninas Dinlle er mwyn cael taith mewn hofrennydd wrth ddysgu am hanes yr ardal.

Mae Joe wedi teithio mewn hofrennydd deirgwaith o'r blaen ond dyma'r tro cyntaf i Dylan, sy'n nerfau i gyd.

"Joe, mae genna'i air newydd i ti - cachu pants!"



Gyda'u traed yn ôl ar dir cadarn, mae'r ddau yn ymweld â thafarn gymunedol Tŷ'n Llan yn Llandwrog. Dyma gyfle i Joe gwrdd â rhai o'r cwsmeriaid lleol ac ymarfer ei Gymraeg wrth gymryd yr archebion, tra bod Dylan yn tynnu peints.

Yn ystod eu taith fe fydd Joe a Dylan yn mynd i Lyn Padarn yn Llanberis lle maen nhw'n cwrdd â'r cyflwynydd radio Aled Hughes, sy'n esbonio hanes enwau'r mynyddoedd o'u cwmpas, ac yna i Aberystwyth, tref enedigol Dylan Ebenezer.

"Dydy Joe ddim wedi gweld rhai o'r llefydd yma o'r blaen felly mae'n daith ym mhob ystyr y gair," meddai'r cyflwynydd.

Ers i fideo ohono'n dathlu buddugoliaeth Cymru yn erbyn Gwlad Belg yn yr Ewros 2016 fynd yn feiral, daeth hi'n amlwg bod Joe yn sionc ar ei draed nid yn unig ar y cae pêl-droed. Mewn stiwdio ddawns yng Nghanolfan y Celfyddydau yn Aberystwyth mi fydd Joe a Dylan yn trio ail-greu'r ddawns - yn eu steil unigryw eu hunain.

Mi fydd cyfle i Joe arddangos ei ddoniau cerddorol hefyd gyda sesiwn arbennig yn dysgu sut i ganu'r trymped gyda'r Barry Horns, y band pres sy'n ffans ffyddlon i dîm pêl-droed Cymru.

Wrth i'r daith ddirwyn i ben a Joe yn croesawu Dylan i'w gartref ym Mhenarth, ger Caerdydd mae ei wraig, Ruby, yn llawn cefnogaeth o ymdrechion ei gŵr i ddysgu Cymraeg.

"Dwi'n meddwl bod e'n ardderchog ac mae'r plant moyn helpu," meddai.

Felly gwylwch **Iaith ar Daith** nos Sul i ddarganfod pam bod neb fel Joe Ledley.

### **Iaith Ar Daith**

**Nos Sul 7 Mai, 8.00, S4C**

**Isdeitlau Saesneg**

**Ar alw: S4C Clic, iPlayer a llwyfannau eraill**

**Cynhyrchiad Boom Cymru ar gyfer S4C**



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### Taking a kick towards the goal of learning Welsh

Joe Ledley has had a glittering career as an international footballer, playing for Cardiff City, Crystal Palace and Celtic - and wore the Wales shirt 77 times, reaching the Euros in 2016.

But he's facing a fresh challenge this time by setting himself the goal of learning Welsh. He is one of six well-known faces who will go on a journey to learn the language in the first episode of the new series **Iaith ar Daith** on S4C on Sunday 7 May.

Taking on the challenge this time are actress Jessica Hynes, ex-Wales and Lions prop Adam Jones, singer and presenter Aleighcia Scott, comedian Jayde Adams, and **Casualty** actor Neet Mohan.

Each one has their reasons for learning Welsh - in Joe Ledley's case, hearing the language being spoken among his teammates in the Welsh squad - Aaron Ramsey, Joe Allen and Ben Davies - has fuelled his fascination, as well as the fact that his wife, Ruby, is also a Welsh-speaker.

Caernarfon is the starting point of his journey where Joe meets **Sgorio** and Radio Cymru presenter Dylan Ebenezer, who will help him with some linguistic challenges - and more! - on the trip.

Dylan has interviewed the former footballer several times during his career and is full of admiration: "He's a lovely guy - ain't nobody like Joe Ledley!".

Caernarfon Castle is the first stop but in order to see the castle in all its glory Joe and Dylan travel to Caernarfon Airport in Dinas Dinlle for a helicopter ride while learning about the history of the area.

Joe has traveled by helicopter three times before but this is a nerve-wracking first time for Dylan.

"Joe, I've got a new word for you - cachu pants!"



With their feet firmly back on terra firma, the two visit the community pub Tŷ'n Llan in Llandwrog. This is an opportunity for Joe to meet some of the local customers and practice his Welsh while taking the orders, as Dylan prepares to pull some pints.

During their journey, Joe and Dylan will head to Llyn Padarn in Llanberis where they meet the radio presenter Aled Hughes, who explains the history behind the names of the mountains that surround them, and then on to Aberystwyth, Dylan Ebenezer's home town.

"Joe hasn't seen some of these places before so it's a journey in every sense of the word," says the presenter.

After a video of him doing a celebratory dance following Wales' victory against Belgium in the Euros in 2016 went viral, it's clear that Joe has some serious moves beyond the football pitch. In a dance studio at the Arts Centre in Aberystwyth, Joe and Dylan will try to recreate the dance - in their own unique style.

There will also be an opportunity for Joe to display his musical talents during a trumpet lesson with the Barry Horns, the brass band made up of loyal fans of team Cymru.

As the trip comes to an end and Joe welcomes Dylan to his home in Penarth, near Cardiff, his wife, Ruby, is fully supportive of her husband's efforts to learn Welsh.

"I think it's fantastic and the children are eager to help as well," she says.

Tune in to **Iaith ar Daith** on Sunday to find out why there ain't nobody like Joe Ledley...

**Iaith Ar Daith**

**Sunday 7 May, 8.00, S4C**

**English subtitles available**

**On demand: S4C Clic, iPlayer and other platforms**

**A Boom Cymru production for S4C**