

19.05.2022

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**Erthygl i'r Wasg Press Release**

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## Drama yn dod ag Iwan Rheon yn ôl i fro ei febyd

Mae ei waith fel actor wedi mynd ag Iwan Rheon dros y byd - ond mae ei rôl bresennol fel y garddwr diymhongar Joe Pritchard yn y ddrama gyffrous newydd **Y Golau** ar S4C wedi dod â fe yn ôl i Gymru.

Wrth i'r ddrama ddatblygu pob nos Sul, dyma Iwan Rheon yn trafod ...

### Ei gymeriad Joe ...

"Ar ddechrau'r stori mae Joe yn dod allan o'r carchar ac mae'n mynd yn ôl i Lanemlyn lle wnaeth popeth digwydd ond mae ganddo e - dissociative amnesia - dyw e ddim yn cofio yn union beth ddigwyddodd achos bod e wedi cael trawma yn ei fywyd cyn hynna. Felly mae ei ymennydd mwy neu lai wedi cau lawr, felly dyw e ddim yn cofio dim byd am y stori.

"Mae'n amlwg wedi cael bywyd anodd iawn a wi'n credu ei fod e'n berson bregus iawn - mae e wedi cael bywyd caled ond fi'n credu'r dirgel o'r holl sioe yw - ai fe sydd wedi neud e? Mae e'n credu ei fod e wedi. Felly mae hyn wedi cael effaith mawr arno fe achos mae'n meddwl ei fod e wedi lladd rhywun."

### Gweithio yn y Gymraeg ...

"Mae e wedi bod yn eitha' sbel i fi weithio yn y Gymraeg a nes i fwynhau e. Oni i wedi bod yn chwilio am rywbeth i wneud yn y Gymraeg a daeth **Y Golau** draw ac oni'n meddwl bod y script yn gryf ac odd e'n rhywbeth oni rili eisiau neud. Oedd e'n wych ond oedd e'n eitha' *tricky* mynd nôl a mlan yn y ddwy iaith. Lwcus i fi bod Joe yn ddyn tawel! Yn enwedig yn y bennod gyntaf."

### Bod nôl yn Gymru ...

"Odd e'n lyfli bod nôl yng Nghymru. Treuliais i lot o amser yn ffilmio yn ardal Llandeilo. Roedd e'n rili neis i siarad Cymraeg ar y set. Mae fy rheulu i o'r gogledd ond ces i fy ngeni yng Nghaerfyrddin ond wnaeth fy rhieni symud i Gaerdydd pan oni'n bump, felly nesi dyfu lan yng Nghaerdydd.

Oni'n weddol gyfarwydd â'r ardal ond dim cymaint â hynny i fod yn onest. Wi'n cofio darnau bach o Gaerfyrddin.

### Gweithio ar Game of Thrones ...

"Y peth gyda *Game of Thrones* oedd na lot llai o amser ar set achos roedd cymaint o gymeriadau gwahanol. Gyda **Y Golau** mae'r cymeriad mor ddwys, ac mewn cymaint o boen a dyw dim byd da yn digwydd iddo. Ym mhob golygfa roedd rhaid i fi weithio mas sut oedd e'n teimlo a beth oedd wedi digwydd iddo. Mewn ffordd, oherwydd roedd *Game of Thrones* yn

ffantasi, doedd e ddim yn teimlo mor 'rial'. Mae **Y Golau** yn eitha' *naturalistic* - mae'n eitha' trwm chwarae cymeriad fel 'na am gyfnod hir."

Mae **Y Golau** ar gael i wyllo ar S4C Clic a BBC iPlayer nawr.

Noddwyd darllediad **Y Golau** ar S4C gan Brifysgol Bangor.

**Y Golau**

**Nos Sul 29 Mai 9.00, S4C**

**Isdeitlau Saesneg**

**Ar alw: S4C Clic, iPlayer a llwyfannau eraill**

**A Triongl/Duchess Street Productions gyda Channel 4 a Sundance Now ar gyfer S4C**

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## Drama brings Iwan Rheon back to his birthplace

His work as an actor had taken Iwan Rheon all over the world – but his present role as unassuming gardener Joe Pritchard in the exciting new drama **Y Golau** on S4C has brought him home to Wales.

As the drama deepens every Sunday night, here Iwan talks about ...

### **His character, Joe ...**

"At the beginning of the programme, Joe is released from jail and he goes back to Llanemlyn, where everything happened. But he has dis-sociative amnesia – he doesn't remember exactly what happened because of the trauma in his life before this. His brain has more or less shut down so he doesn't remember anything that happened."

"He's obviously had a very tough life and I think he is a very fragile person – he's had a hard life. But I think the mystery behind the whole drama is – did he do it? He thinks he did. So this has a big impact on him – because he thinks he's killed somebody."

### **Working in Welsh ...**

"It has been quite a while since I worked in Welsh and I really enjoyed it. I had been looking for something in Welsh and when **Y Golau** came along. I thought the script was strong and it was something I really wanted to do. But it was quite tricky going back and forth between the two languages. Luckily for me Joe is a very quiet character – especially in the first episode!"

### **Being back in Wales ...**

"It was great to be back in Wales. I spent a lot of time filming in the Llandeilo area. It was really nice to be able to speak Welsh on set. My family is from North Wales but I was born in Carmarthen. But my parents moved to Cardiff when I was five, so I grew up there. I am quite familiar with the area and I do recall little bits about Carmarthen."

### **Working on Game of Thrones ...**

"The thing with Game of Thrones was that you spent a lot less time on set because there were so many different characters. With **Y Golau**, Joe's character is so intense and in so much pain – nothing good happens to him! I had to work out in every scene what he was feeling and what had happened to him. In a way, because Game of Thrones was a fantasy, it didn't feel so 'real'. **Y Golau** is quite naturalistic and it feels quite heavy to play a character like that for a long time."

**Y Golau** is available to watch now on S4C Clic and BBC iPlayer.



**Y Golau** is sponsored on S4C by Bangor University.

**Y Golau**

**Sunday 29 May 9.00, S4C**

**English subtitles available**

**On demand: S4C Clic, iPlayer and other platforms**

**A Triongl/Duchess Street production with Channel 4 and Sundance Now for S4C.**